

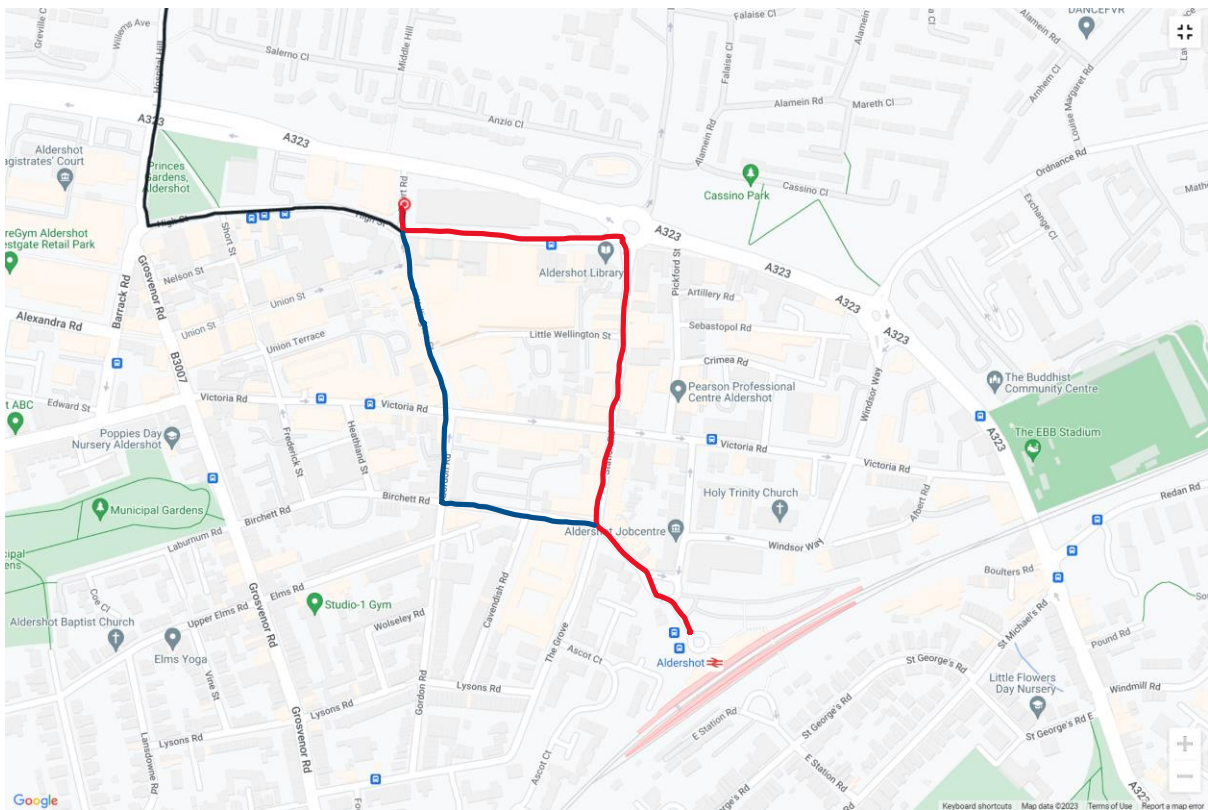
Shots Foundation Sight Loss Soccer – Key Information

Transport

The nearest train station to our sessions is Aldershot Train Station. The train station is a 7-minute drive to the Aldershot Garrison Sports Centre (GU11 2EY) if you would like to get a taxi/Uber.

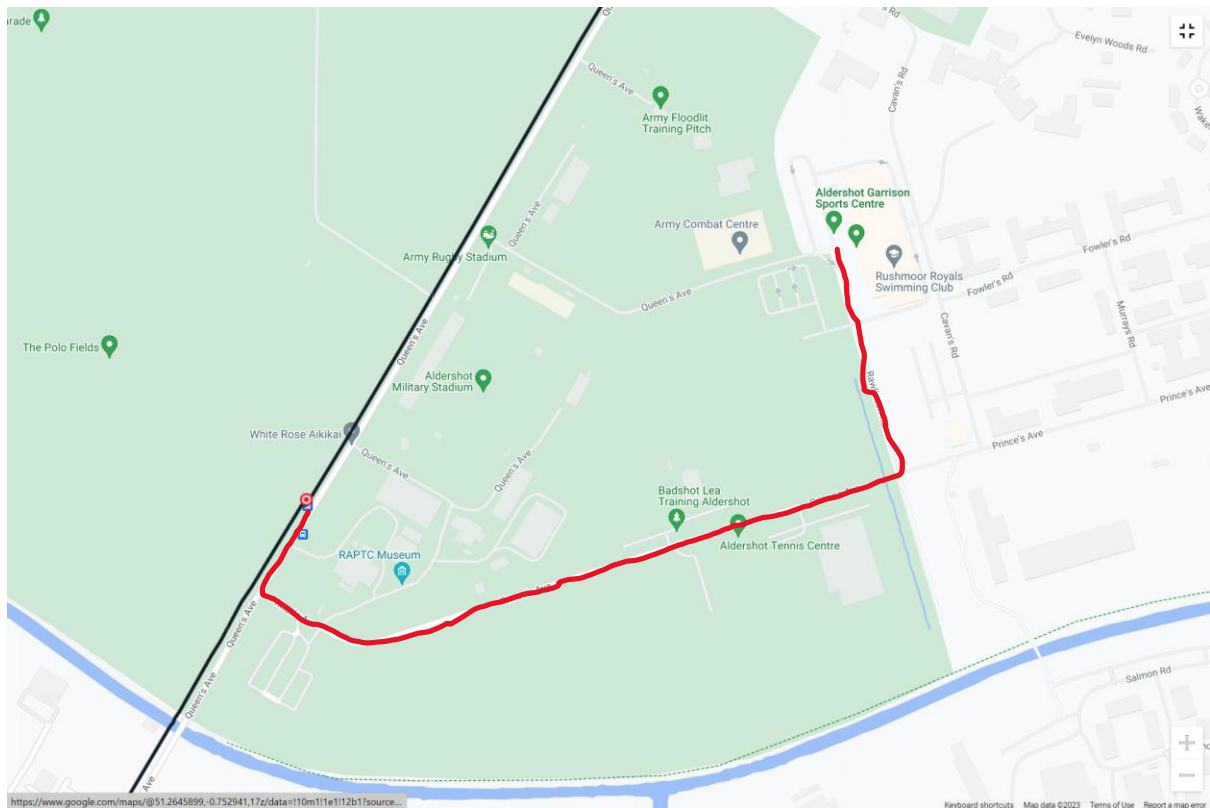
The nearest bus station is Aldershot, Union Yard, marked with the red circle on the map. There are two possible routes to walk to the station which take around 7 minutes.

- Navy line – out of the station towards the traffic lights, left onto Birchett Rd., then right onto Gordon Rd., then crossing the road onto Wellington St. Walk down Wellington St. where you will come to Churt Rd. and the Union Yard stop.
- Red line – out of the station towards the traffic lights, head down Station Rd. towards the Aldershot Library, then go left up the High St. and finally right where you will come to Churt Rd. and the Union Yard stop.



Once at the bus stop, take the number 1 bus to Old Dean which arrives every 12 minutes. Get off at the fourth stop which is Montgomery Lines, Princes Avenue.

From Montgomery Lines, Princes Avenue, you will have to cross the road on Queens Avenue, and head down Princes Avenue. As you head down Princes Ave. keep to the left side of the road until you reach Rawlinson Road where you will turn left. Head down Rawlinson Road, keeping to the right and you will see the Upper Aldershot Garrison Sports Centre on your right. (See below)



Sessions

When you get into the Garrison Sports Centre, ask reception for directions to the sports hall, it is just past reception, there are no stairs. When you get to the sports hall, we will be on the right side of the hall.

The football sessions are led by FA qualified referee's but have the emphasis of physical fitness, and fun. We do not deliver difficult sessions, and we often finish the session with a mini match which is light, and fun. We take frequent water breaks, and players always have the opportunity to sit out if they would like.

Travelling home

There is plenty of parking at the sports centre if you would like to be picked up. If you are returning to Aldershot Train Station, a member of our team will possibly be able to drop you at the station or you can call for a taxi/Uber.

If you are getting the bus back to the train station you will have to walk to back to Montgomery Lines, Princes Avenue bus stop and travel in reverse order to how you got to the Sports Centre. So, get the number 1 bus from Princes Ave. to Union Yard stop on Churt Rd., and then walking back to the Aldershot Train Station.

Eligibility

We welcome those with any range of sight loss, from slight, to severe. We also welcome those with accompanying disabilities, and we always work our hardest to accommodate them.

If you are unsure about anything, please contact jamie.macallister@shotsfoundation.org or call 07482 967122.