Living Well 🕇

Wednesday 7th August 2024 at Chiddingfold Village Hall Doors Open 9.00am – 12.00pm Speakers at 9.30am and 11.00am



Working with you to support our community

Chiddingfold Surgery would like to welcome you to our first Living Well Event - a positive approach to healthcare and wellbeing.

 Come and discover the services available through your surgery and in local area.
Meet and greet members of the Practice Team.
Enjoy a variety of guest speakers with an opportunity to take a glimpse into the services available within your community.
Join us for a cuppa.

Parking: the village hall car park will not be available. Please liftshare where you can and use the recreation ground car park.

* EVERYONE OF ALL AGES WELCOME! *

We are delighted to be supported by our community partners at this event, including but not limited to:-

Care line I Handy Person Service I Community Matron I Crossways counselling I Cargo The Clock House I Sport in Mind I Community Falls & Responder service Sight for Surrey I Living Well I Hoppa Bus (on the day speaker) Tapestry Lunch Club I NHS Surrey Heartlands I PPG Patient participation group Social Prescribing Services I Surrey Fire Rescue Service I The Hunter Centre











Sport In Mind Charity Number: 116132: www.sportinmind.org