



Additional services for people who are blind and partially sighted

At Sensory Services by Sight for Surrey our aim is to support people with a sight and hearing loss to overcome their day-to-day challenges and lead an independent life. This list has been put together to help people with a vision impairment access resources and facilities to enhance their wellbeing and life. If you would like to suggest a club or service for inclusion please email: communications@sightforsurrey.org.uk.

Blind and Vision Impaired Clubs

- **Banstead and District Club for the Blind and Partially Sighted.** The Club meets on the 1st Monday of the month at Swail House, Ashley Road Epsom, KT18 5AZ, 14:00 – 16:00. Enquiries to 01932 864 714.
- **Braille Club** – for anyone who is blind or vision impaired and wants to learn Braille, there is a free course through the Braille Foundation for beginners www.braillists.org/beginners/. They also run a book club every Thursday evening via Zoom. There are five different rooms to join from beginners to advanced brailers. To join please contact the Braille Foundation on 0203 893 3392.
- **Chertsey White Cane Club.** Meets face to face every Tuesday 14:00-16:00 at Penton Hook Clubhouse, Mixnams Lane, off Staines Road, Chertsey, KT16 8QS.
- **Diabetic Type 1 Support Group** – A monthly face to face and Zoom support group for patients attending Frimley Park Hospital. Contact Bernie Warren balwtallyho.aol.com.
- **Diabetic Macular Odema (DMO).** An online support group that meets every 3rd Wednesday of the month from 7-8pm. Run by Bernie Warren on behalf of the Macular Society, they also support people with Diabetic Retinopathy. A WhatsApp group also exists for members. To join email: balwtallyho@aol.com.
- **Looking Ahead.** Communications class including Braille, IT and touch typing.
 - Addlestone Community Centre, Garfield Road, Addlestone. KT15 2NJ. Monday's, 10am – 12pm (term time only)
 - St John's Church, 9 The Olive Room, Church Road, Windlesham. GU20 6BL. Fridays 10am – 12pm (term time only)

Contact Jean Anderson telephone 07776 127646.

Email: addcommsclass@gmail.com

Website: www.looking-ahead.org



▪ **Macular Society Support Groups:**

- **Guildford:** 3rd Friday of the month at Guildford Institute 10:30
- **Haslemere:** meeting by conference call
- **Leatherhead:** 2nd Monday of the month at Fairfield Centre, 14:00
- **Camberley:** Last Thursday of the month at Derek Horn Court 14:00
- **Redhill:** 2nd Tuesday of the month at Methodist Church 10:30am
- **Staines on Thames:** 2nd Thursday of the month Methodist Church 10:30am
- **Cranleigh:** 4th Tuesday of the month at The Manor Elmbridge Village 14:00
- **Woking:** meeting by conference call
- **Caterham:** 2nd Friday of the month at The Valley Library 14:00
- **Banstead:** 3rd Monday of the month at Banstead United Reform Church 10:30am
- **Dorking:** Meeting by conference call and face to face coffee mornings (call for more information)
- **Farnborough Wayp:** 1st Saturday alternate months (Feb, April, June, August, October, December)

Contact Stella Black on telephone, 01306 644 908 or mobile, 07494 467 980.

- **Working Age Group** – A face to face support group that supports anyone with a sight loss. They meet at The Tilly Shilling Wetherspoons Pub, 43 Victoria Road, Farnborough, GU14 7P. Meetings take place on the 1st Saturday every other month; February, April, June, August, October and December from 11am to 1pm. Contact Bernie Warren on balwtallyho@aol.com.
- **Walton Blind Club.** Social club for Walton-on-Thames and Hersham residents. Meeting face to face 2nd and 4th Tuesday from 13:30-15:30 at St. John's Church, 1 The Furrows, Walton-on-Thames, KT12 3JQ. Enquiries to Carol Collings, telephone 01932 228 367.
- **Spelthorne Social Club for the Blind and Partially Sighted.** It can help to hear and talk to each other about the challenges we may be experiencing with our sight. Meet on the 1st Monday of the month from 14:00 – 16:00 at Grove Barns, Park Avenue, Staines, TW18 2E. A friendly and warm welcome awaits you and a complimentary first visit. Professional entertainment followed by tea, coffee and biscuits is provided. Telephone Carol Lamkin–Smyth (on behalf of Mr Fred Lamkin) 07836 547 259 or 01276 423 551.
- **Tandridge Club for the Visually Impaired.** Meet 2nd and 4th Monday, 14.45 – 16.15 at St. Agatha's Community Hall, Greenhurst Lane, Oxted, RH8 9DU. Transport and new enquiries to Diana Drysdale, telephone 01883 742708.



- **The Williams Club, Farnham.** Meet monthly at Memorial Hall, Farnham, GU9 7EE with a speaker or other entertainment followed by a delicious tea. We also arrange a couple of outings and a pub lunch. Help with transport can be arranged. For more information, call Bob on 01252 725685 or Yvonne on 01252 713671. Visit our website for details of times, dates and location.
www.williamsclubfarnham.co.uk.
- **VI Surrey Heath (VISH).** Meet 1st Thursday of the month at High Cross Church in Camberley and a meal out on 3rd Monday of the month. Telephone 01483 852343/ 07771890751 or email: brenord@hotmail.com.
- **WeySight Guildford.** Meet socially for coffee/tea once a month on a Monday, 10.15am at Merrist Wood Golf Club - New members welcome. For more information, please call Laurie MacKeague 01483 223276 or Barbara Keene 07506 719046.

Talking Newspapers

- **Bookham Talking News.** Telephone: 01372 453565
www.bookhamtalkingnewspaper.org.uk.
- **Dorking Talking News.** Telephone 01306 885 382
www.dorkingtalkingnewspaper.org.uk.
- **Elmbridge, Runnymede and Spelthorne Talking News.** www.erstn.org.uk
- **Epsom and Ewell Talking News.** Fortnightly on USB stick. To receive a copy call 01372 721 519 www.eetn.org.uk.
- **Farnham and Alton Talking News.** Telephone: 01252 719 266
www.fatntalkingnews.org.uk.
- **Tandridge Lions Talking Newspaper.** Contact: Mike Chappell on 01342 834 223.
- **Woking Talking News.** Telephone: 07971 512 786 www.wokingtn.org.uk.
- **RNIB Talking Books.** A free talking books service with access to over 34,000 children and adult books. www.rnib.org.uk/talking-books-service.

SPORTS

- **Merton Sports and Social Club for Visually Impaired People (MSSC)**
MSSC is an integrated sports and recreation club for both vision impaired and sighted members of all ages and abilities. Based at Old Rutlishians' Sportsground, Poplar Road, London, SW19 3JS, less than 15 minutes' walk from Morden Underground Station, Morden Road and Merton Park tram stops,



and South Merton Railway Station, plus several bus routes, including 80, 93, 118, 154, 163, 164, 201, 293, 413, 470 and K5. The club offers tandem cycling, where the visually impaired back rider (stoker) is paired with a sighted front rider (pilot). Offering a range of rides to suit all abilities on the first Sunday and third Saturday of each month. Other activities include walking, swimming, bowling and a monthly pub social at Ganley's Irish Bar in Morden. Everyone is welcome to try an activity or two before joining. The annual subscription is £15 runs from January to December and includes third party insurance cover and access to all MSSC events plus voting rights at the Annual General meeting. For more information, visit www.mssc.org.uk or email info@mssc.org.uk.

Sight Loss Soccer

On the first Monday of every month at Samuel Cody School, Ballantyne Road, Farnborough, GU14 8SN. Sessions provide those with any range of sight loss the opportunity to keep active and keep their love of football alive. For further information please email Jamie McCallister at jamie.macallister@shotsfoundation.org or visit www.shotsfoundation.org/vifootball for more information.

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